



Wegovy® is an injectable prescription medicine to treat adults with metabolic dysfunction-associated steatohepatitis (MASH) with moderate to advanced liver scarring (fibrosis), but not with cirrhosis of the liver, along with a reduced calorie diet and increased physical activity.

ONCE -WEEKLY

wegovy®

semaglutide injection **2.4 mg**

Managing MASH together: **For you and your loved ones**

Use this guide to understand MASH, learn about treatment with Wegovy®, and find out what it could mean for you moving forward



Actor portrayals throughout.

What is Wegovy®?

WEGOVY® (semaglutide) injection 2.4 mg is an injectable prescription medicine used with a reduced calorie diet and increased physical activity to treat adults with metabolic dysfunction-associated steatohepatitis (MASH) with moderate to advanced liver scarring (fibrosis), but not with cirrhosis of the liver.

This indication is approved based on improvement of MASH and liver scarring (fibrosis). There is an ongoing study to confirm the clinical benefit of Wegovy® in adults with MASH.

Wegovy® contains semaglutide and should not be used with other semaglutide-containing products or other GLP-1 receptor agonist medicines.

It is not known if Wegovy® is safe and effective for use for the treatment of MASH in children under 18 years.

Please see Important Safety Information throughout. Please [click here](#) for Prescribing Information, including Medication Guide.

You're not **alone**

Whether you've just been diagnosed with MASH or are trying to understand a loved one's condition, it can feel overwhelming.

This might be the first time you're hearing the term MASH. Until recently, it was known as NASH. The name was updated to highlight its root cause: **metabolic dysfunction**, when the body's process of turning food into energy isn't working properly. Your liver plays a big role in your body, and MASH is not caused by a single behavior, like drinking alcohol.

Learning more is the first step. Remember: When addressed as soon as possible, **MASH can often be managed** through lifestyle changes and treatment.



What to know about MASH

- **It's a serious form of fatty liver disease.** Excess buildup of fat in your liver, over time, can cause MASH. With MASH, the liver becomes inflamed and damaged. This can worsen and lead to liver scarring
- **It can be a progressive condition.** If left untreated, MASH and liver scarring can worsen and may lead to liver failure or liver cancer
- **It often develops without obvious symptoms.** Most people who have reported symptoms before diagnosis did not realize they were related to MASH (like fatigue or nausea). MASH can also progress without any symptoms at all
- **It's more common than you think.** Certain common health conditions increase the risk for MASH, like type 2 diabetes and obesity. MASH is also associated with heart disease. That's why screening, monitoring, and ongoing or continued management of MASH are so important



If you're living with MASH

Because there aren't always symptoms with MASH, your diagnosis may come as a surprise to you and those closest to you. Talking about how you feel can really help, and if you need support, don't hesitate to ask.

Keep working with your health care professional on MASH management—regular testing may be part of your plan.



For family and friends

MASH can have few or no obvious symptoms to the people living with them, or to those around them. MASH can progress silently, so your loved one might need extra support to stay on track with routine check-ins.

Encourage them to continue to monitor their MASH closely and regularly.



Learn about **treatment**

If you've been diagnosed with MASH, you're likely thinking about what to do next. Lifestyle changes, like eating a healthy diet and being more active, are important, but sometimes additional treatment may be necessary.

Wegovy® works alongside reduced calorie diet and physical activity to treat adults with MASH with liver scarring.*



Why Wegovy®?

Wegovy® is the first and only GLP-1 RA medication FDA-approved to specifically treat adults with MASH with liver scarring,* along with a reduced calorie diet and increased physical activity.

*Moderate to advanced liver scarring (fibrosis) without cirrhosis.

Ask your health care professional about **other indications** for Wegovy®

GLP-1 RA, glucagon-like peptide-1 receptor agonist; MASH, metabolic dysfunction-associated steatohepatitis.

Important Safety Information

What is the most important information I should know about Wegovy®?

Wegovy® may cause serious side effects, including:

- **Possible thyroid tumors, including cancer.** Tell your healthcare provider if you get a lump or swelling in your neck, hoarseness, trouble swallowing, or shortness of breath. These may be symptoms of thyroid cancer. In studies with rodents, Wegovy® and medicines that work like Wegovy® caused thyroid tumors, including thyroid cancer. It is not known if Wegovy® will cause thyroid tumors or a type of thyroid cancer called medullary thyroid carcinoma (MTC) in people
- Do not use Wegovy® if you or any of your family have ever had a type of thyroid cancer called medullary thyroid carcinoma (MTC) or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2)

Please see Important Safety Information throughout. Please [click here](#) for Prescribing Information, including Medication Guide.



If you're living with MASH

If something isn't clear, ask again. Your health care professional (HCP) is there to help you understand your condition and treatment. Sharing your goals can also help your care team and support system understand how to be there for you in the ways that matter most.



For family and friends

Your loved one might feel overwhelmed following their MASH diagnosis, so your support is crucial. Encourage them to talk to their HCP about their treatment plan. You can support them by helping prepare questions, joining at appointments, or simply being there to listen. Remind them that their managing MASH shouldn't fall off the radar.



Important Safety Information

Do not use Wegovy® if:

- you or any of your family have ever had a type of thyroid cancer called medullary thyroid carcinoma (MTC) or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2)
- you have had a serious allergic reaction to semaglutide or any of the ingredients in Wegovy®

Before using Wegovy®, tell your healthcare provider if you have any other medical conditions, including if you:

- have or have had problems with your pancreas or kidneys
- have type 2 diabetes and a history of diabetic retinopathy
- have or have had depression, suicidal thoughts, or mental health issues
- are scheduled to have surgery or other procedures that use anesthesia or deep sleepiness (deep sedation)
- are pregnant or plan to become pregnant. Wegovy® may harm your unborn baby. You should stop using Wegovy® 2 months before you plan to become pregnant
- are breastfeeding or plan to breastfeed. It is not known if Wegovy® passes into your breast milk

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A look at taking Wegovy® (semaglutide) injection 2.4 mg

Managing MASH isn't a quick fix—it's a journey. And like any journey, it takes time, patience, and support.



Scan the QR code to learn about dosing and administration.



Keep managing MASH

People respond to medicines differently, so there is no set time for when you can expect to see results with Wegovy®. Ask your HCP about what might be realistic for you and your MASH management journey.

MASH, metabolic dysfunction–associated steatohepatitis.

Important Safety Information

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Wegovy® may affect the way some medicines work and some medicines may affect the way Wegovy® works. Tell your healthcare provider if you are taking other medicines to treat diabetes, including sulfonylureas or insulin. Wegovy® slows stomach emptying and can affect medicines that need to pass through the stomach quickly.

What are the possible side effects of Wegovy®?

Wegovy® may cause serious side effects, including:

- **inflammation of your pancreas (pancreatitis).** Stop using Wegovy® and call your healthcare provider right away if you have severe pain in your stomach area (abdomen) that will not go away, with or without nausea or vomiting. Sometimes you may feel the pain from your abdomen to your back
- **gallbladder problems.** Wegovy® may cause gallbladder problems, including gallstones. Some gallstones may need surgery. Call your healthcare provider if you have symptoms, such as pain in your upper stomach (abdomen), fever, yellowing of the skin or eyes (jaundice), or clay-colored stools

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If you're living with MASH

Committing to a treatment plan can be a powerful step toward managing MASH. Be proud! Sharing your progress and challenges with people who care about you can make all the difference.



For family and friends

Your loved one may feel pressure or even guilt about the changes they're making, especially if it affects those around them. Encourage them when it's tough. Celebrate their progress and remind them to keep going with their MASH management! **It's worth it.**

Important Safety Information

What are the possible side effects of Wegovy®? (cont'd)

Wegovy® may cause serious side effects, including: (cont'd)

- **increased risk of low blood sugar (hypoglycemia), especially those who also take medicines for diabetes such as insulin or sulfonylureas.** This can be a serious side effect. Talk to your healthcare provider about how to recognize and treat low blood sugar and check your blood sugar before you start and while you take Wegovy®. Signs and symptoms of low blood sugar may include dizziness or light-headedness, blurred vision, anxiety, irritability or mood changes, sweating, slurred speech, hunger, confusion or drowsiness, shakiness, weakness, headache, fast heartbeat, or feeling jittery
- **dehydration leading to kidney problems.** Diarrhea, nausea, and vomiting may cause a loss of fluids (dehydration) which may cause kidney problems. It is important for you to drink fluids to help reduce your chance of dehydration. Tell your healthcare provider right away if you have nausea, vomiting, or diarrhea that does not go away

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Potential side effects

What is the most important information I should know about Wegovy®?

Wegovy® may cause serious side effects, including:

Possible thyroid tumors, including cancer. Tell your healthcare provider if you get a lump or swelling in your neck, hoarseness, trouble swallowing, or shortness of breath. These may be symptoms of thyroid cancer. In studies with rodents, Wegovy® and medicines that work like Wegovy® caused thyroid tumors, including thyroid cancer. It is not known if Wegovy® will cause thyroid tumors or a type of thyroid cancer called medullary thyroid carcinoma (MTC) in people.

Do not use Wegovy® if you or any of your family have ever had a type of thyroid cancer called medullary thyroid carcinoma (MTC) or if you have an endocrine system condition called Multiple Endocrine Neoplasia syndrome type 2 (MEN 2).

The most common side effects of Wegovy® in adults may include:

- Nausea
- Diarrhea
- Vomiting
- Constipation
- Stomach (abdomen) pain
- Headache
- Tiredness (fatigue)
- Upset stomach
- Dizziness
- Feeling bloated
- Belching
- Low blood sugar in people with type 2 diabetes
- Gas
- Stomach flu
- Heartburn

Important Safety Information

What are the possible side effects of Wegovy®? (cont'd)

Wegovy® may cause serious side effects, including: (cont'd)

- **severe stomach problems.** Stomach problems, sometimes severe, have been reported in people who use Wegovy®. Tell your healthcare provider if you have stomach problems that are severe or will not go away
- **serious allergic reactions.** Stop using Wegovy® and get medical help right away, if you have any symptoms of a serious allergic reaction, including swelling of your face, lips, tongue, or throat; problems breathing or swallowing; severe rash or itching; fainting or feeling dizzy; or very rapid heartbeat
- **change in vision in people with type 2 diabetes.** Tell your healthcare provider if you have changes in vision during treatment with Wegovy®

Please see Important Safety Information throughout. Please [click here](#) for Prescribing Information, including Medication Guide.

Discuss with your care team

Tell your health care professional if you have any side effects. **Pay attention to how you're feeling** and talk about any side effect that does not go away or bothers you.

To learn more about side effects,
visit [mash.wegovy.com](https://www.mash.wegovy.com)



Important Safety Information

What are the possible side effects of Wegovy®? (cont'd)

Wegovy® may cause serious side effects, including: (cont'd)

- **increased heart rate.** Wegovy® can increase your heart rate while you are at rest. Tell your healthcare provider if you feel your heart racing or pounding in your chest and it lasts for several minutes
- **depression or thoughts of suicide.** You should pay attention to any mental changes, especially sudden changes in your mood, behaviors, thoughts, or feelings. Call your healthcare provider right away if you have any mental changes that are new, worse, or worry you
- **food or liquid getting into the lungs during surgery or other procedures that use anesthesia or deep sleepiness (deep sedation).** Wegovy® may increase the chance of food getting into your lungs during surgery or other procedures. Tell all your healthcare providers that you are taking Wegovy® before you are scheduled to have surgery or other procedures

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Your next step starts here



Scan the QR code for helpful resources to stay on track with your MASH treatment goals.



Important Safety Information

What are the possible side effects of Wegovy®? (cont'd)

The most common side effects of Wegovy® may include: nausea, diarrhea, vomiting, constipation, stomach (abdomen) pain, headache, tiredness (fatigue), upset stomach, dizziness, feeling bloated, belching, low blood sugar in people with type 2 diabetes, gas, stomach flu, heartburn, and runny nose or sore throat.

Wegovy® is a prescription medication. You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call **1-800-FDA-1088**.

FDA, US Food and Drug Administration.

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